



“So  
THE SON  
OF MAN  
IS LORD  
even of the Sabbath.”  
MARK 2:28



**SECOND SUNDAY AFTER PENTECOST**  
May 30 / June 2, 2024

# Zion Ev. Lutheran Church

6430 Hwy. D

Allenton, Wisconsin 53002

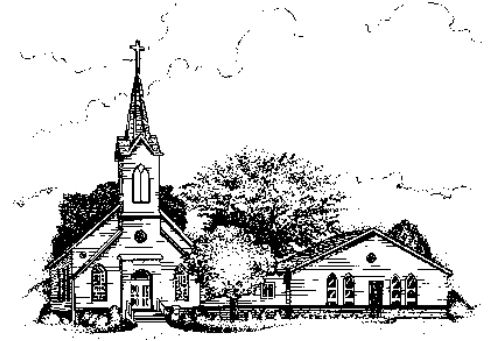
Members of the Wisconsin Evangelical Lutheran Synod (WELS)

Steven D. Bode, pastor

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## Welcome to God's House

After a long day of work, you have earned the right to sit down in your favorite chair, put your feet up, and watch your favorite program. After a hard week on the job, you have earned the opportunity to relax a bit that

*...I will give you*  
**REST**

weekend. After doing your job well for many months, you have earned those two weeks of vacation at the beach. This is how everyone thinks: rest is something you earn through hard work. We even teach that to our kids: no gaming until

homework is done, no playing with friends until chores are complete.

Since that concept of rest being earned is so deeply engrained in us, to properly understand spiritual rest requires a top-down faith. God needs to send us the Spirit so that we can grasp this truth. True spiritual rest cannot be earned. In fact, the harder you try, the more restless and the less peaceful you become. Spiritual rest is a gift that God gives. The rest we need most—from guilt, from worry, from shame, from hopelessness—is graciously given to us by the Lord of the Sabbath.

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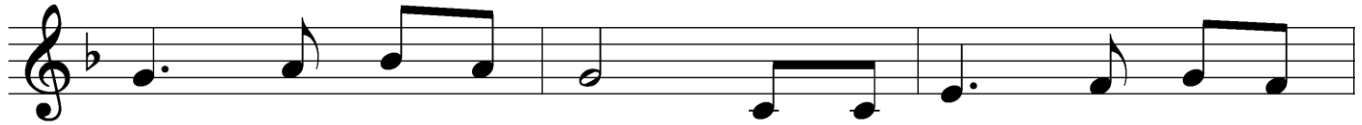
## ORDER OF SERVICE

Opening Hymn

Come Away from Rush and Hurry #913



1 Come a - way from rush and hur - ry to the  
 2 In the pas - tures of God's good - ness we lie  
 3 Come, then, chil - dren, with your bur - dens— life's con -



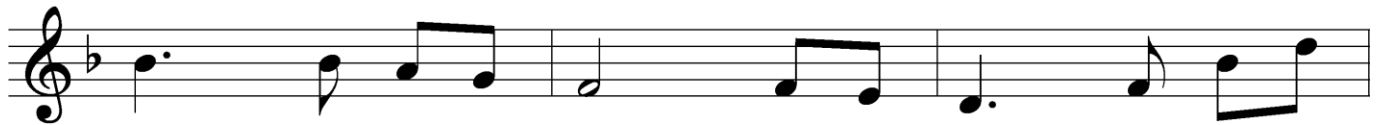
still - ness of God's peace; from our vain am - bi - tion's  
 down to rest our soul. From the wa - ters of God's  
 fu - sions, fears, and pain. Leave them at the cross of



wor - ry, come to Christ to find re - lease.  
 mer - cy we drink deep - ly, are made whole.  
 Je - sus; take in - stead his king - dom's reign.



Come a - way from noise and clam - or, life's de -  
 At the ta - ble of God's pres - ence all the  
 Bring your thirsts, for he will quench them— he a -



mands and fren - zied pace; come to join the peo - ple  
 saints are rich - ly fed. With the oil of God's a -  
 lone will sat - is - fy. All our long - ings find at -



gath - ered here to seek and find God's grace.  
 noint - ing in - to ser - vice we are led.  
 tain - ment when to self we glad - ly die.

## **Invocation**

In the name of the Father and of the (+) Son and of the Holy Spirit.  
**Amen.**

## **Confession**

If we claim to be without sin, we deceive ourselves and the truth is not in us.

**If we confess our sins, God is faithful and just  
and will forgive us our sins  
and purify us from all unrighteousness.**

Let us confess our sins to the Lord.

**Holy God, gracious Father,**

**I am sinful by nature**

**and have sinned against you in my thoughts, words, and actions.**

**I have not loved you with my whole heart;**

**I have not loved others as I should.**

**I deserve your punishment both now and forever.**

**But Jesus, my Savior, paid for my sins**

**with his innocent suffering and death.**

**Trusting in him, I pray: God, have mercy on me, a sinner.**

*Silence for meditation and reflection*

Our gracious Father in heaven has been merciful to us. He sent his only Son, Jesus Christ, who gave his life as the atoning sacrifice for the sins of the whole world. Therefore, as a called servant of Christ and by his authority, I forgive you all your sins in the name of the Father and of the Son and of the Holy Spirit.

**Amen.**

## **Lord, Have Mercy**

In peace, let us pray to the Lord.

**Lord, have mercy.**

For the peace from above and for our salvation, let us pray to the Lord.

**Lord, have mercy.**

For the peace of the whole world, for the well-being of the Church of God, and for the unity of all, let us pray to the Lord.

**Lord, have mercy.**

For this holy house and for all who offer here their worship and praise, let us pray to the Lord.

**Lord, have mercy.**

Help, save, comfort, and defend us, gracious Lord.

**Amen.**

## **Gloria**

## **MISSIONARY HYMN CW 1001**

To God on high be glory and peace to all the earth,

for God has shown his favor in Jesus' holy birth!

Almighty God and Father, our humble thanks we bring;

we worship you, we bless you, Lord God, our heav'nly King.

O Lamb of God exalted, you take all sin away;

extend to us your mercy and hear us as we pray.

With God the Holy Spirit, at God the Father's throne,

you reign, O Christ, forever, for you are Lord alone!

## THE WORD

The Lord be with you.  
**And also with you.**

### Prayer of the Day

Let us pray.

Eternal God, your Son, Jesus Christ, is our true Sabbath rest. Help us to keep each day holy by receiving his Word of comfort that we may find our rest in him, who lives and reigns with you and the Holy Spirit, one God, now and forever.

**Amen.**

### First Reading

**Deuteronomy 5:12-15**

<sup>12</sup> “Observe the Sabbath day by keeping it holy, as the Lord your God has commanded you. <sup>13</sup> Six days you shall labor and do all your work, <sup>14</sup> but the seventh day is a sabbath to the Lord your God. On it you shall not do any work, neither you, nor your son or daughter, nor your male or female servant, nor your ox, your donkey or any of your animals, nor any foreigner residing in your towns, so that your male and female servants may rest, as you do. <sup>15</sup> Remember that you were slaves in Egypt and that the Lord your God brought you out of there with a mighty hand and an outstretched arm. Therefore the Lord your God has commanded you to observe the Sabbath day.

The Word of the Lord.  
**Thanks be to God.**

Psalm

In God Alone My Soul Can Find Rest and Peace - #62A

The musical score is written in G major (one sharp) and 4/4 time. It consists of four systems of music. The first three systems are vocal lines with lyrics underneath. The fourth system is an instrumental accompaniment consisting of a treble and bass clef staff. The lyrics are: 'In God a-lone my soul can find rest and peace, in God my peace and joy. On-ly in God my soul can find its rest, find its rest and peace.'

Truly my soul finds / rest in God;  
my salvation / comes from him.  
Truly he is my rock and my sal- / vation;  
he is my fortress, I will never be / shaken.  
Yes, my soul, find / rest in God;  
my hope / comes from him. **Refrain**

Though your rich- / es increase,  
do not set your / heart on them.  
My salvation and my honor de- / pend on God;  
he is my mighty rock, my / refuge.  
Trust in him at all times, you / people;  
pour out your hearts to him, for God is our / refuge.  
Glory be to the Father and / to the Son  
and to the Holy / Spirit,  
as it was in the be- / ginning,  
is now, and will be forever. / Amen. **Refrain**

## Second Reading

Colossians 2:13-17

<sup>13</sup>When you were dead in your sins and in the uncircumcision of your flesh, God made you alive with Christ. He forgave us all our sins, <sup>14</sup>having canceled the charge of our legal indebtedness, which stood against us and condemned us; he has taken it away, nailing it to the cross. <sup>15</sup>And having disarmed the powers and authorities, he made a public spectacle of them, triumphing over them by the cross.

<sup>16</sup>Therefore do not let anyone judge you by what you eat or drink, or with regard to a religious festival, a New Moon celebration or a Sabbath day. <sup>17</sup>These are a shadow of the things that were to come; the reality, however, is found in Christ.

The Word of the Lord.

**Thanks be to God.**

## Gospel Acclamation

Psalm 19:8

**Alleluia. The commands of the Lord are radiant, giving light to the eyes. Alleluia.**

## Gospel

Mark 2:23-3:6

<sup>23</sup>One Sabbath Jesus was going through the grainfields, and as his disciples walked along, they began to pick some heads of grain. <sup>24</sup>The Pharisees said to him, “Look, why are they doing what is unlawful on the Sabbath?”

<sup>25</sup>He answered, “Have you never read what David did when he and his companions were hungry and in need? <sup>26</sup>In the days of Abiathar the high priest, he entered the house of God and ate the consecrated bread, which is lawful only for priests to eat. And he also gave some to his companions.”

<sup>27</sup>Then he said to them, “The Sabbath was made for man, not man for the Sabbath. <sup>28</sup>So the Son of Man is Lord even of the Sabbath.”



3 Another time Jesus went into the synagogue, and a man with a shriveled hand was there. 2 Some of them were looking for a reason to accuse Jesus, so they watched him closely to see if he would heal him on the Sabbath. 3 Jesus said to the man with the shriveled hand, “Stand up in front of everyone.”

4 Then Jesus asked them, “Which is lawful on the Sabbath: to do good or to do evil, to save life or to kill?” But they remained silent.

5 He looked around at them in anger and, deeply distressed at their stubborn hearts, said to the man, “Stretch out your hand.” He stretched it out, and his hand was completely restored. 6 Then the Pharisees went out and began to plot with the Herodians how they might kill Jesus.

The Gospel of the Lord.

**Praise be to you, O Christ!**

### **Hymn of the Day**

### **I Heard the Voice of Jesus Say #703**

1 I heard the voice of Jesus say,  
“Come unto me and rest;  
lay down, O weary one, lay down  
your head upon my breast.”

I came to Jesus as I was,  
so weary, worn, and sad;  
I found in him a resting place,  
and he has made me glad.

2 I heard the voice of Jesus say,  
“Behold, I freely give  
the living water, thirsty one;  
stoop down and drink and live.”

I came to Jesus, and I drank  
of that life-giving stream;

my thirst was quenched, my soul revived,  
and now I live in him.

3 I heard the voice of Jesus say,  
“I am this dark world’s light.  
Look unto me; your morn shall rise  
and all your day be bright.”  
I looked to Jesus, and I found  
in him my star, my sun;  
and in that light of life I’ll walk  
till trav’ling days are done.

**Sermon**

**Mark 2:23-3:6**

*Enjoy your Sabbath rest*

*Not in burdening others...But in showing love to one another.*

## **The Apostles’ Creed**

I believe in God, the Father almighty, maker of heaven and earth.

I believe in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried. He descended into hell. The third day he rose again from the dead. He ascended into heaven and is seated at the right hand of God the Father almighty. From there he will come to judge the living and the dead.

I believe in the Holy Spirit, the holy Christian Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

*Please be seated*

## **Prayer of the Church**

Glory and praise belong to you, O God, and with you is unfailing love. You are our unshakable rock and fortress.

**Truly our souls find rest in you, O God; our salvation comes from you.**

You have given us Jesus to give us the true Sabbath rest. Turn our hearts to him whenever we are weary and burdened, and give us rest with the peace of his forgiveness.

**Truly our souls find rest in you, O God; our salvation comes from you.**

Human hearts are restless until they rest in you. Send your gospel to people near and far who have not heard it, that they may know the peace of your forgiveness and the comfort of your mercy and love.

**Truly our souls find rest in you, O God; our salvation comes from you.**

We give thanks for the teachers and proclaimers of your Word. Let the truths of your Word be known that people will know their sin and find rest in their Savior. Give all your messengers boldness and confidence as they bring your peace to others.

**Truly our souls find rest in you, O God; our salvation comes from you.**

Give your rest to those who are afflicted in mind or body [especially...]. Lift their burdens with your forgiveness and pardon. Give them confidence in your Word and promise. Hold out the promise of the eternal Sabbath in your presence.

**Truly our souls find rest in you, O God; our salvation comes from you.**

Hear us, Lord, as we bring you our private petitions.

*Silent prayers and special intercessions*

O Lord God, give us peace, for you give us all things: the peace of rest, and the peace of the eternal Sabbath which has no ending. Rest in us then as you work in us now; through Jesus Christ our Lord.

**Amen.**

**Offering**

*The members of Zion have joined together to do the Lord's work in this community and around the world. If you are a visitor, please don't feel obligated to participate in this offering which supports our ministry.*

**Hymn**

**It Is Well with My Soul #850**

When peace like a river attendeth my way,  
when sorrows like sea billows roll—  
whatever my lot, thou hast taught me to say,  
it is well, it is well with my soul. **(Refrain)**

***Refrain: It is well with my soul,  
it is well, it is well with my soul.***

Though Satan should buffet, though trials should come,  
let this blest assurance control,  
that Christ hath regarded my helpless estate  
and hath shed his own blood for my soul. **(Refrain)**

My sin—oh, the bliss of this glorious thought—  
my sin, not in part, but the whole,  
is nailed to the cross, and I bear it no more:  
praise the Lord, praise the Lord, O my soul! **(Refrain)**

And, Lord, haste the day when my faith shall be sight,  
the clouds be rolled back as a scroll;  
the trump shall resound, and the Lord shall descend;  
even so, it is well with my soul. (**Refrain**)

## **Prayer**

Almighty God, we thank you for teaching us the things you want us to believe and do. Help us by your Holy Spirit to keep your Word in pure hearts that we may be strengthened in faith, guided in holiness, and comforted in life and in death, through Jesus Christ, our Lord, who lives and reigns with you and the Holy Spirit, one God, now and forever.

**Amen.**

## **Lord's Prayer**

## **Blessing**

The Lord bless you and keep you.

The Lord make his face shine on you and be gracious to you.

The Lord look on you with favor and (+) give you peace.

**Amen.**

## **Closing Hymn**

## **Lord, Dismiss Us with Your Blessing #927**

Lord, dismiss us with your blessing;

fill our hearts with joy and peace.

Let us each, your love possessing,

triumph in redeeming grace.

O refresh us, O refresh us,

trav'ling through this wilderness.

Thanks we give and adoration  
for the gospel's joyful sound;  
may the fruits of your salvation  
in our hearts and lives abound!  
Ever faithful, ever faithful  
to your truth may we be found.

So whene'er the signal's given  
us from earth to call away,  
borne on angels' wings to heaven,  
glad the summons to obey,  
may we ever, may we ever  
reign with Christ in endless day.

#### Copyrights / Acknowledgments

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**1001 Gloria (Amer) - MISSIONARY HYMN**      *CW 1001*

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**Psalm 62A In God Alone My Soul Can Find Rest and Peace**

Tune: Jacques Berthier

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## This Week at Zion

<b>Today:</b>	7:30 / 9:00 a.m.	Worship
	6:00 p.m.	VBS Planning meeting at church
<b>Thu:</b>	7:00 p.m.	Worship with Holy Communion
<b>Sun:</b>	7:30 / 9:00 a.m.	Worship with Holy Communion
	5:30 p.m.	Awake & Alive Event at St. Paul, Muskego

**We thank** our guest preacher this weekend, Cooper Knoll. Cooper just finished his first year at Wisconsin Lutheran Seminary and is the son of Pastor Darren Knoll from our sister church, Shepherd of the Hills, in West Bend.

**We thank** our organists this weekend: Anne Drewa on Thursday and Jared Peterson on Sunday morning.

**Pastoral Assistance** If you are in need of a pastor this week, please contact Pastor Tim Henning at 262.707.6984.

**Please pick up** the calendar and church newsletter for June and July (combined), along with the new *Forward in Christ*. There are also copies of the devotional booklet *Meditations* available....all found on the cabinets in the entryway.

**Awake and Alive** If you are between the ages of 18-28, you're invited to this year's Awake and Alive summer One Day Event - next Sunday June 9<sup>th</sup> - in Milwaukee. The guest speaker will be Emily Krill and her theme will be "*I Am Built: Exploring Your God-Given Strengths.*" You can attend in person at The Bridge MKE (3203 S. 76<sup>th</sup> St. Milwaukee), or if you can't make it on person, attend online. Registration is free for young adults and ministry leaders and can be found at [www.awakealive.com](http://www.awakealive.com).

**VBS Planning Meeting** A Vacation Bible School planning meeting will be held tonight (Sunday), June 2<sup>nd</sup>, in the fellowship hall at 6:00 p.m. We could use all the help we can get to plan for the week of August 5-8<sup>th</sup>. If you

are at all interested – even if you can only help for a day or two – please attend the meeting tonight or contact Mallory Lindert at [dmlindert@yahoo.com](mailto:dmlindert@yahoo.com)

**Greeter Signup** The online signup sheet is open for June – August. Go to [www.zionallenton.org](http://www.zionallenton.org), scroll down to the bottom of the page and click on “Greeter Signup.”

**Taste of Missions** You can still register for this hybrid event that will be held on Saturday, June 15, 2024, at Wisconsin Lutheran Seminary in Mequon. Attend in person OR online to get a “taste of missions.” Registration is \$15 per person, with children 13 and under attending for free. Those attending in person will receive food tickets to sample ethnic food and will have the ability to purchase additional food from the food trucks. Or attend virtually for free and watch all events via livestream, view additional video updates from missionaries, and try your hand at making one of the many ethnic recipes shared on the website. Learn more and register at [tasteofmissions.com](http://tasteofmissions.com).

**Sermon Series** What does it mean when we say “Thy Kingdom come”? What is God’s will? Does God really lead us into temptation? Beginning on June 6 / 9<sup>th</sup> and throughout the rest of the summer we’ll study the prayer Jesus taught us. Instead of running through it without thinking, you’ll grow in your appreciation of this model prayer.

**Please pick up** the new June calendars, June – July newsletters and copies of the new June *Forward in Christ* from the cabinets in the entryway. If you haven’t picked up your *Meditations* devotionals yet, there are copies available. They start today (Sunday)!

**Historical Institute Events** Two events for anyone interested in history or “the old days” are coming up...sponsored by the WELS Historical Institute. There is the annual cemetery tour this coming Saturday, and then the second part of a presentation entitled *History of Lutheran*



*Congregations in Milwaukee*, by Pastor Mark Jeske. For more information, go to <https://welshistoricalinstitute.org/>

**Feed Your Faith This Summer** For those who can't worship on Sundays, our Thursday service at 7 p.m. is just for you. Plan your week accordingly and join us. If you can't make either, either call the church office for area churches which offer different days and times for services or log onto [www.wels.net](http://www.wels.net) and click "church locator" on the top of the page.

**Pick up** a new church calendar for June, newsletter for June / July (combined), the *Forward in Christ* as well as the next edition of *Meditations (it starts today!)*. You'll find everything on the cabinets in the entryway. If you have old, used *Meditations* booklets, bring them back and place them in the box to the left of the church mailboxes. They'll be put to good use.